

m # summer

Get set for summer with the latest spa treatments and products Cum ilis atueros aci ercilit autat velit lumsan et



True Blue... or is it Green?

Wanting a skincare range that mirrored their natural health philosophy, Hopewood Health Retreat introduced 'organicspa' to their signature treatments. Organicspa is a luxurious, Australian-made organic skincare range carefully formulated to combine the medicinal levels of certified organic plant extracts with 100% natural ingredients. Like Hopewood, the organicspa range focuses on the healing powers of natural ingredients, while maintaining a premium reputation. Hopewood offers a haven of uncomplicated healing for the body and mind and a sanctuary for good health and wellbeing. Phone 02 4773 8401 or visit www.hopewood.com.au.



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Voyages Hotels & Resorts is offering the ultimate in experiential travel with the option to exclusively rent an entire luxury resort at any one of their six breathtaking properties. You can enjoy the indulgence of booking an entire private island or luxury resort all to yourself (and a few select friends), complete with all the trimmings - luxury accommodation, personal housekeepers, world-class chefs and total privacy! Choose any one of Voyages resorts, including tropical Lizard, Bedarra and Wilson islands; outback beauties El Questro Homestead and Wrotham Park Lodge, and Australia's first luxury camping experience Longitude 131°. Phone 1300 134 044 or email conferences@voyages.com.au



Sofitel Fiji Resort & Spa

THE JET LAG CURE

When in Fiji... Head straight to the Sofitel Fiji Resort & Spa from the tarmac of Nadi International Airport and you will ease away post-flight stiffness and tension before you can say 'bula' to a banana daiquiri! Teamed up with its day spa, Mandara, Sofitel's 75-minute Jet Lag treatment is priced from FJ\$230 per person and includes:

- + A Welcome Touch massage
 - + Dry Body Brushing
 - + Reiki Chakra Balance Breathing
 - + Cucumber-Aloe Wrap
 - + Scalp Massage
 - + Finish off with a beautiful, relaxing Foot Ritual
- www.sofitelfiji.com.fj

Or When in London... Grab the underground to Mandarin Oriental, check in and head straight to The Spa. Their Time Traveller program eases the effects of travelling across different time zones and gets your feet ready for a stroll down to Harrods. It includes two treatments on the same day - one in the morning, one in the evening. The morning treatment begins with an invigorating Oriental Salt Scrub to overcome post-flight sluggishness by stimulating blood flow to your brain. This is followed by a firm massage to your feet and lower legs follows to help combat fluid retention and deep vein thrombosis. In the evening, an hour's soothing massage using aromatherapy oils helps bring about a serene state of relaxation and aids a peaceful night's sleep as you adjust to the new time zone. Priced at GBPE210. www.mandarinoriental.com/london.



Q Station

Q is for...

The former Quarantine Station reopened its doors as Q Station on ANZAC Day this year, offering accommodation and conference facilities with spectacular views of Sydney Harbour. Set on 30 spectacular hectares on Sydney's North Head near Manly, Q Station offers the unique blend of serenity and relaxation, yet situated only 15 minutes from the heart of Sydney's CBD. This amazing property is the result of more than 9 years' work and \$17.3 million. Along with the Sydney Opera House, it is listed on the National Estate - one level below World Heritage significance. The Q Station Destination Spa opens later this year and if it's anything like the rest of Q Station, it will be truly world class! www.qstation.com.au



PHOTOGRAPHER NAME HERE

Did You Know?

For hundreds of years throughout Thailand, people would leave a jar of water outside their house to provide refreshment and extend a welcome to passing travellers. 'Anantara' is taken from an ancient Sanskrit word that means 'without end', symbolising the sharing of water and heartfelt hospitality that is at the core of the Anantara spa experience.



O'Reilly's Lost World Spa



LOST WORLD OF RELAXATION FOUND

Nature nurtures at O'Reilly's new Lost World Spa, set 1km above sea level amidst the World Heritage-listed rainforest and spectacular beauty of Lamington National Park in Queensland. If you're looking for a rainforest escape with a wellness experience, this place ticks all the boxes. Breathe the clean crisp air, smell the scent of the trees and feel the tension ooze out of your body.

"The setting is such a big part of the therapy - the simplicity of sitting by the fire, savouring the stunning mountain views and the sights and scents of the forest. This provides the starting point for a range of treatments that stimulate the senses, calm the mind and replenish the soul," says Spa Manager Raelean Durant. Phone 07 5502 4900 or visit www.oreillys.com.au.



Sofitel Mansion

Feed My Soul

And that's exactly what the Sofitel's Pamper-Me Afternoon Tea Package does. This new luxury package combines two of Sofitel's most indulgent features – LeSpa and Lenôtre. Enjoy a pamper session in Sofitel's LeSpa Retreat then adjourn to the exquisite **Sofitel Mansion** for some serious soul food with a French influence.



This indulgent package is priced from AU\$275 per couple. To book, call 03 9731 4140 or visit www.mansionhotel.com.au.

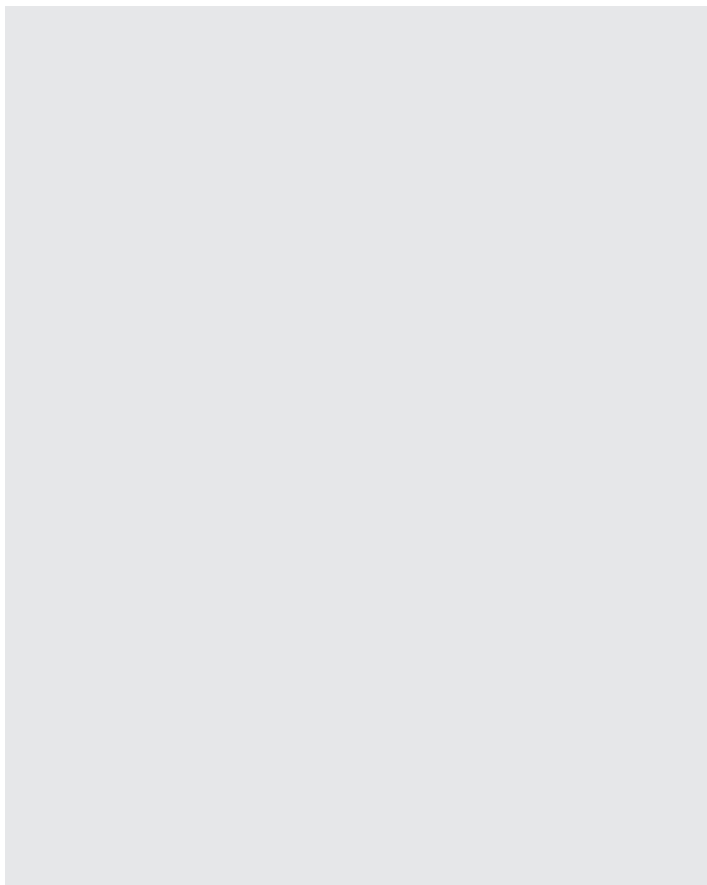
Shangri-La's Tanjung Aru Resort and Spa - Kota Kinabalu This tranquil retreat is located 10 minutes from Kota Kinabalu International Airport, just a 150-minute flight from Singapore, Hong Kong and Kuala Lumpur. CHI, The Spa at Shangri-La, is a luxurious private spa experience based on traditional Asian

healing philosophies. It is situated on its own private island within the resort's premises, consisting of eight villas, creating a 'spa within a spa' concept. And when the view is the breathtaking South China Sea, it's pretty special!

Hepburn Bathhouse & Spa opens in mid-September 2008. Recognised as one of regional Victoria's most popular attractions, this historic Edwardian bathhouse is soon to emerge from a \$13 million renovation.

The stunning new space blends the charm of the original turn-of-the-century heritage bathhouse with a sleek, contemporary, architect-designed Day Spa, full of natural light and set amidst the lush green surrounds of the Hepburn Mineral Springs Reserve. With over 30 wet and dry treatment rooms for signature spa treatments and special experiences, this will become one of the largest Day Spas in Australia. www.hepburnbathhouse.com

And the winner is... Anantara Golden Triangle Resort & Spa has been named Thailand's Leading Spa Resort at the recent World Travel Awards. Located in northern Thailand 60km north of Chiang Rai's international airport, close to the historic town of Chiang Saen, this luxurious hilltop retreat features stunning views of not one but three countries! Positioned hugging a ridge with views overlooking a jungle canopy to the Mekong River and up to the rolling, green hills of Burma and Laos, all rooms feature large balconies to enjoy the stunning views, as well as space for private dining and terrazzo bathtubs large enough for two! www.anantara.com



Injidup Spa Retreat



Western Wonder

There's an appealing point of difference to the new Injidup Spa Retreat on WA's dramatic south-west coast. The luxury enclave offers exemplary accommodation in the 10 ocean-view villas featuring private deck and splash pool. The Retreat has been accepted as a member of the Small Luxury Hotels of the World, reflecting their very high quality. Positioned at the heart of the Margaret River wine and surfing region, there is so much on offer to coax guests beyond the confines of the Retreat, but with the temptation of the day spa's therapeutic and aesthetic pleasures, chances are you won't want to leave! www.injidupsparetreat.com.au

EDITORS PICK

The LIME Spa at the New Desert Palm Retreat, Dubai LIME Spa is part of the newly-opened Desert Palm, set in a private polo estate that offers spectacular views of the Dubai skyline. Each of the six treatment rooms overlook one of the four championship polo fields – a lush green landscape that is far removed from the dry desert and hectic pace of the city centre, creating an inviting country backdrop and secluded oasis. The spa features indigenous therapies, intuitive massage, signature rituals and Halal-certified products. Their website describes the spa as "An iconic venue to encounter Per Aquum's addictive, highly desired spa journeys." And I do believe they're telling the truth! For your own jaw-dropping journey, visit www.desertpalm.ae.Eco

Experience Too! LIME walks the sustainability talk. All spa products are carefully sourced to align with their organic, natural philosophy. No tap water is used in any of the facial therapies, only mineral water! The skincare range used is Kuush. This is the world's first spa product to be certified as 100% Halal, which means no animal products or alcohol are used in their oils, and no alcohol forms once their products are opened. The range is also certified 100% organic and water-free with all raw materials purchased from fair trade suppliers. They are also the world's first 'No CO2' range, which means they have a zero carbon policy and offset all carbon emissions through the Carbon Reduction Institute in Australia, through which they are also certified. Very caring indeed!

PHOTOGRAPHER NAME HERE

In Brief

The resort Arajilla on Lord Howe Island recently opened the island's first spa. Set within an octagonal wooden Yurt under the shade of banyan trees, they offer soothing ancient Indian Ayurvedic techniques to provide pure relaxation and healing. www.arajilla.com.au

The 'Royal Trisara' at Trisara in Phuket, Thailand is a three-therapist, six-hand massage providing a 90-minute idyllic experience. With warm coconut oil, scalp massage, kneading, acupressure and long strokes from the therapists' hands, forearms and elbows, this is bliss! www.trisara.com

Skinologie's new retail and treatment store is now open at 160 Bridport Street, Albert Park, Victoria. www.skinologie.com.au

Amarina Body Sanctuary is now home to the Makaho Spa, which specialises in indigenous Aboriginal and Maori treatments. For a truly spiritual experience, pop into suite 5, 277 Centre Road, Bentley, Victoria.

PHOTOGRAPHER NAME HERE

Relax by Day, Kick Up Your Heels by Night

The five-star Furama Resort Danang in Vietnam continues to add to its already vast array of guest experiences. Following hot on the heels of the resort's March 2008 opening of Diving Danang (the area's first dive centre), Furama opened the five-star nightclub Club Tourane. Guests can kick their night off with live music followed by a resident DJ armed with a selection of popular tunes. After their night out, guests can rejuvenate at the resort's new Spa and Health Centre, boasting a range of treatments including the Signature Furama Massage, a synergy of Eastern and Western techniques that creates a sense of total wellbeing.

But wait, there's more...

The 198-room Furama resort is just 15 minutes from Danang International Airport, with direct flights from Singapore and Bangkok, as well as domestic links to Hanoi and Ho Chi Minh City. Just a short drive from Danang is four UNESCO-listed World Heritage Sites - the former imperial city of Hue (two hours), the ancient 'Silk Road' trading port of Hoi An (30 minutes), the spiritual centre of the Champa civilisation, My Son (90 minutes) and the mystical Phong Nha Caves in Quang Binh province (three hours). Other nearby attractions include a stone-carving village at Marble Mountain, the Cham Museum and Ba Na Mountain.